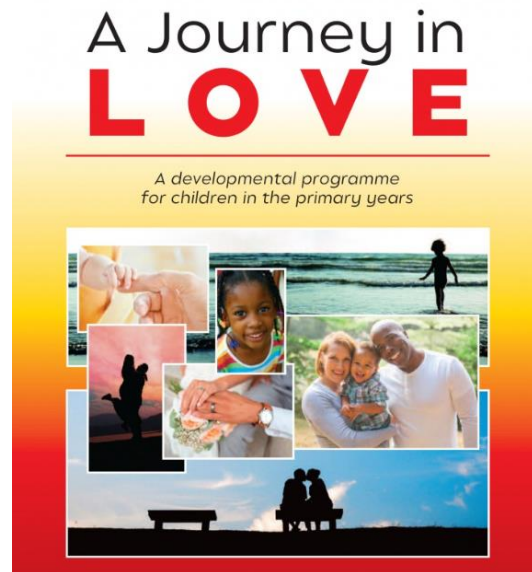




St Lewis' Catholic Primary School

RSHE Long Term Overview



FOUNDATION CLASS

Aim: to explore the wonder of being special and unique

Key Words: God, wonder, love, hands, fingers, nails, faces, nose, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special, womb, describe, friends, generous, worried, Baptism

Key Skills: Listening, sharing, speaking, respecting, observing, praying, relating, celebrating and creating

<u>Social and Emotional</u>	<u>Physical</u>	<u>Spiritual</u>
LI: To recognise the joy of being a special person in my family	LI: to recognise that we are all different and unique	To celebrate the joy of being a special person in God's family
<u>Activities:</u> 1. Who lives in your family? Draw and name each person. 2. How does your family show that you are very special to them and in what ways do they keep you safe? Take photos, paint and make models of all the ways that your family show you that you are special and keep you safe. 3. What makes you happy in your family? What makes you smile? (List responses and paint or draw) 4. Draw all the people you can go to or talk to if you are worried or need help. 5. God loves you and your family with a special love. How does God show love to you and your family? List all the ways that we can thank Him e.g. through prayer, by the way we treat others. (take photos)	<u>Activities:</u> 1. Look at mirrors and describe themselves to the person next to them. Focus on faces, shape, size, features and whole body. Look at me – How am I different from you? Look at you – How are you different from me? Notice the similarities and differences between themselves and others. 2. Paint a self-portrait and scribe children's speech identifying similarities and differences. 3. Pictograph of children's eye colour, hair colour, hand sizes, finger prints and hand prints 4. Finger paint names and talk about why they were given it. 5. Why has God made us all different and special to Him? 6. Design a thank you card for 'God' thanking him for creating us.	<u>Activities:</u> 1. Create a family tree with names of all persons in your family and show your special place in your family. 2. Role play the joy of being loved and cared for in our families (take pictures) 3. How do we 'celebrate' with each other? Make a list of all celebrations we have been to. What church celebrations do we enjoy? 4. Plan a class act of worship celebrating some of the joys of being unique and special to God. <u>Prayers:</u> Loving Father, thank you for each member of my family and for all my friends. Thank you

<u>Prayers:</u> Loving Father, thank you for joy of being a special person in my family. Bless all who love and care for me. Let us always meet each other with a smile, for the smile is the beginning of love <u>Sing:</u> I am Special If your happy and you know it	7. How can we be friendly to others, make and keep friends, showing care and being generous when we are together? Encourage children to take photos of children playing together and being kind to one another. <u>Prayers:</u> Loving God, thank you for making me special and unique, with my own name. Bless my family and friends. Amen. God loves each of us as if there were only one of us. Show peace – shake hands with one another and say ‘peace be with you’	for making each of us special and uniquely loved by you. Amen. You are Unique He could’ve made two Another just like you But then he took A second thought And said just on would do And so for your loveliness Your uniqueness too There is no other Quite like you There just no other quite like you We are each gifted in a unique and important way. It is our privilege and our adventure to discover our own special light. Sing -If I were a butterfly
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